

PERSONAL CHOICE ACCOUNT

Flexible Benefits Administration

This is not an exhaustive list. The presence of an item on this list does not guarantee reimbursement. This list is not legally binding. Please contact PCA for clarification if necessary. Regarding over the counter items, quantities must be reasonably used by the participant and their family within the plan year.

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Acne Treatment			To treat a medical condition	Yes
Acupuncture	x		To treat a medical condition	
Adaptive Equipment	x		Some Limits - <u>Contact PCA</u>	Yes
Air Conditioner			Some Limits - <u>Contact PCA</u>	Yes
Air Purifier			Some Limits - <u>Contact PCA</u>	Yes
Alcoholism Treatment	x			
Allergy Medications	x			
Ambulance	x			

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Analgesics	x			
Annual Medical Fee/Access Fee		x	Some Limits - <u>Contact PCA</u>	
Antacids	x			
Antihistamine	x			
Antibiotic Ointments	x			
Anti-diarrhea Medication	x			
Anti-inflammatory Drugs	x			
Anti-Itch Cream/Ointment/Lotion	x			
Appearance Improvements		x		

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Artificial Limbs	x			
Artificial Teeth	x			
Arthritis Cream	x			
Aspirin	x			
Asthma Treatment	x			
Automobile Modifications			Some Limits - <u>Contact PCA</u>	
Bandages	x			
Birth Control Pills	x			
Blood Pressure Monitoring Devices	x			

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Body Scan (MRI/CAT)	x			
Bunion, Blister & Corn Treatments	x			
Burn Cream/Ointments	x			
Braille Books and Magazines			Some Limits - <u>Contact PCA</u>	
Breast Pump			Some Limits - <u>Contact PCA</u>	Yes
Callous Removers	x			
Cane	x			
Carpal Tunnel Treatment/Equipment	x			
Chiropractic Treatment	x		To treat a medical condition	

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Christian Science Practitioner Fees	x		To treat a medical condition	
Cold Pack / Hot Pack	x		To treat a medical condition	
Cold and Cough Medications	x			
Cold Sore Ointment/Medication	x			
Coinsurance	x			
Compression Stockings	x		To treat a medical condition	
Condoms	x			
Contact Lenses	x		The date that the service is incurred is the order date, not the pick up date	

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Contact Lens Solutions/Supplies	x			
Contraceptives	x			
Counseling	x		Some Limits - <u>Contact PCA</u>	
Co-Payments	x			
Cosmetic Surgery		x		
Cosmetics (make-up)		x		
Cough Drops	x			
Cough Syrups	x			

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Crutches	x			
Decongestants	x			
Deductibles	x			
Dental Floss		x		
Dental Implants	x		The date that the service is incurred is the prep date, not the completion date	
Dental Sealants	x			
Dentures	x		The date that the service is incurred is the prep date, not the completion date	
Denture Adhesive	x			

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Deodorant		x		
Diabetic Supplies	x			
Diagnostic Services (tests, lab work)	x			
Diaper Rash Ointments	x			
Diapers		x	Not for Children	
Diet Foods		x		
Dietary Substitutes			Some Limits - <u>Contact PCA</u>	Yes
Dietary Supplements			Some Limits - <u>Contact PCA</u>	Yes

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Doula			Some Limits - <u>Contact PCA</u>	
Douches - Medicated Only	x		To treat a medical condition	
Durable Medical Equipment			Some Limits - <u>Contact PCA</u>	Yes
Ear Care	x			
Ear Plugs	x		To treat a medical condition	
Education			Some Limits - <u>Contact PCA</u>	
Enemas	x		To treat a medical condition	
Exercise Equipment			Some Limits - <u>Contact PCA</u>	Yes

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Eye Drops	x			
Eye Exams	x			
Eye Glasses	x		The date that the service is incurred is the order date, not the pick up date	
Eye Therapy	x			
Feminine Hygiene		x		
Fertility Treatments			Some Limits - <u>Contact PCA</u>	Perhaps
Fiber	x		To treat a medical condition	
First Aid Kit	x			Must be a reasonable quantity to be used during the plan year

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Flu Medications	x			
Flu Shots	x			
Fluoride			Some Limits - <u>Contact PCA</u>	Yes
Food / Drink		x		
Foot Powder - Medicated Only	x		To treat a medical condition, not merely deodorizing	
Guide Dog / Animal Aide	x		Some Limits - <u>Contact PCA</u>	Yes
Hair Removal		x		
Hair Transplants		x		

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Health Club Dues			Some Limits - <u>Contact PCA</u>	Yes
Hearing Aids / Batteries	x		The date that the service is incurred is the order date, not the pick up date	
Heating Pad	x			
Hemorrhoid Creams	x			
Home Improvements			Some Limits - <u>Contact PCA</u>	Yes
Hospital Fees	x			
Humidifier			To treat a medical condition	Yes
Hypnosis			To treat a medical condition	Yes

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Immunizations	x			
Incontinence Supplies	x		To treat a medical condition	
Insect Bite Creams/Ointments	x			
Insulin	x			
Insurance Premiums		x		
Laboratory Fees	x			
Lactose Intolerance Supplements	x			
Laser Eye Surgery	x			

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Laxative	x		To treat a medical condition	
Lead Based Paint Removal			Some Limits - <u>Contact PCA</u>	
Legal Fees			Some Limits - <u>Contact PCA</u>	
Massage Therapy			To treat a medical condition	Yes
Marijuana		x		
Maternity Expenses	x		Some Limits - <u>Contact PCA</u>	
Medical Records	x			
Medicines			To treat a medical condition	

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Menstrual Pain Relief Products	x			
Migraine Relief	x			
Mileage related specifically to an eligible medical visit	x		Contact PCA for current mileage reimbursement rates specific to your FSA/HRA	
Motion Sickness Products	x			
Nasal Spray	x			
Nasal Strips			To treat nasal congestion, but not for alleviation of snoring	
Nursing Services			To treat a medical condition	
Obstetrical Fees	x		Some Limits - <u>Contact PCA</u>	

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Occlusal Guards			To prevent teeth grinding	
Organ Donation	x		Some Limits - <u>Contact PCA</u>	
Orthodontics (dental braces)	x		Some Limits - <u>Contact PCA</u>	
Orthotics (related to a foot condition)	x		The date that the service is incurred is the order date, not the pick up date	
Orthopedic Shoes	x		Some Limits - <u>Contact PCA</u>	
Osteopath Fees	x			
Ovulation Monitor	x			
Oxygen	x		To treat a medical condition	

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Pain Relievers	x			
Peroxide	x			
Physical Exams (NOT RELATED TO EMPLOYMENT)	x			
Physical Therapy	x			
Pregnancy Test	x			
Prescription Drugs	x		<p>The date that the service is incurred is the order date, not the pick up date</p> <p>See "Prescriptions Obtained Outside of the U.S."</p>	

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Prescriptions Obtained Outside of the U.S.		x		
Psychiatrist Fees	x			
Psychologist Fees	x			
Psychotherapy Fees	x			
Prosthesis	x			
Radial Keratotomy	x			
Reading Glasses	x			
Rogaine		x		

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Routine Physicals	x			
Rubbing Alcohol	x			
Safety Glasses		x		
Shampoo - Medicated	x		To treat a medical condition	
Sinus Medication	x			
Skilled Nursing Fees	x			
Smoking Cessation	x			
Soaps		x		

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Speech Therapy	x			
Sports Physicals	x			
Sterilization Fees (reproductive)	x			
Substance Addiction Treatment	x			
Sunglasses			Prescription Sunglasses Only	
Supplements			Some Limits - <u>Contact PCA</u>	Yes
Suppositories	x			
Tampons/Feminine Hygiene		x		

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Teeth Whitening/Bleaching		x		
Thermometer	x			
Toiletries		x		
Toothache/Teething Pain Reliever	x			
Tooth Brush / Tooth Paste		x		
Transplants			Some Limits - <u>Contact PCA</u>	
Vaccinations	x			
Varicose Veins/Spider Vein Treatment		x		

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Vasectomy	x			
Veneers		x		
Vitamins			Generally Not - <u>Contact PCA</u>	
Walker	x		To treat a medical condition	
Wart Remover Treatment	x			
Weight Loss Drugs	x		To treat a medical condition	Perhaps
Weight Loss Programs			Some Limits - <u>Contact PCA</u>	Yes
Wheelchair	x			

	Generally Yes	Generally No	Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Wigs			Some Limits - <u>Contact PCA</u>	
X-Rays	x			