

PERSONAL CHOICE ACCOUNT

Flexible Benefits Administration

This is not an exhaustive list. The presence of an item on this list does not guarantee reimbursement. This list is not legally binding. Please contact PCA for clarification if necessary. Regarding over the counter items, quantities must be reasonably used by the participant and their family within the plan year.

	Generally Yes	Generally No	Special Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Birth Control Pills	x			
Breast Pump		x	May be allowed under certain circumstances - <u>Contact PCA</u>	Yes
Coinsurance	x			
Compression Stockings	x		To treat a medical condition	
Condoms	x			
Contraceptives	x			
Co-Payments	x			
Deductibles	x			
Diagnostic Services (tests, lab work)	x			
Diaper Rash Ointments	x			
Diapers		x		

	Generally Yes	Generally No	Special Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Doula		x		
Education		x		
Exercise Equipment	x		Some Limits - <u>Contact PCA</u>	
Feminine Hygiene		x		
Fertility Treatments	x		Some Limits - <u>Contact PCA</u>	
Fluoride		x		
Food / Drink		x		
Health Club Dues	x		Some Limits - <u>Contact PCA</u>	
Heating Pad	x			
Hemorrhoid Creams	x			
Hospital Fees	x			
Humidifier	x		To treat a medical condition	Yes
Immunizations	x			
Insurance Premiums		x		
Laboratory Fees	x			
Massage Therapy	x		To treat a medical condition	Yes
Maternity Expenses	x		Some Limits - <u>Contact PCA</u>	
Medical Records	x			

	Generally Yes	Generally No	Special Notes	Requires <u>Letter of Medical Necessity</u> (See more information in our Knowledge Center)
Mileage related specifically to traveling for an eligible medical visit	x		Some Limits - <u>Contact PCA</u>	
Obstetrical Fees	x		Some Limits - <u>Contact PCA</u>	
Ovulation Monitor	x			
Pregnancy Test	x			
Sterilization Fees	x		i.e. tubal ligation, vasectomy	
Supplements	x		Some Limits - <u>Contact PCA</u>	Yes
Tampons/Feminine Hygiene		x		
Thermometer	x			
Toiletries		x		
Toothache/Teething Pain Reliever	x			
Vaccinations	x			
Vasectomy	x			
Vitamins		x	Generally Not - <u>Contact PCA</u> Pre-natal vitamins, however, are eligible	
X-Rays	x		Includes Ultrasounds	